

## Contra Costa Medical Reserve Corps 2020 Training Plan

January 14, 2020, 6:00 p.m.- 8:30 p.m. | Psychological First Aid Overview

February 11, 2020, 6:00 p.m.-8:30 p.m. | Triage & MCIs

March 21, 2020 9:00 a.m.-12:00 p.m. | POD Exercise

April 14, 2020 6:00 p.m.- 8:30 p.m. | Animal Care in Shelter Settings

May 12, 2020 6:00 p.m.-8:30 p.m. | Emerging Diseases & Infection Control During Disasters

June 20, 2020 9:00 a.m.-1:00 p.m. | MRC Deployment & Operations Training

July 14, 2020 6:00 p.m.-8:30 p.m.| Substance Abuse

August 11, 2020 6:00 p.m.-8:30 p.m. | Psychological First Aid Overview

September 19, 2020 9:00 a.m.-11:00a.m. | Ham Radios-Getting on the Air

October 13, 2020 6:00 p.m.-8:30 p.m. | Points of Dispensing & MCM

November 10, 2020 6:00 p.m.-8:30 p.m.

December 19, 2020 9:00 a.m.-11:30 a.m. | TBD

New Member Orientation & On-boarding will occur 3<sup>rd</sup> Wednesdays & 4<sup>th</sup> Thursdays every month through June 25, 2020. Must register & confirm by emailing lvajgrts@cchealth.org

All meetings are held at 777 Arnold Dr. Martinez, CA unless specified. Meetings August-November are subject to cancelation related to response activities.