

PATIENT RECOVERY PILLOWS



Donations Needed:

- Cotton or Flannel Yardage (Plain, patterns, prints, etc.)
- New Body Pillows (50.0 " L x 20.0 " W)

Pattern for 17" x 17" Pillow

The fabric for the pillows is cut into a rectangle 17 inches by 17 inches. Begin sewing on the wrong side with a 1/2 inch seam on three (3) sides. Leave top side open. Turn material and press (iron). Turn top 1-1/2 inches inward. Stich 1-1/4 inch around three (3) sides. Batting is stuffed into the pillow through the opening. The opening is closed by sewing 1-1/4 inch by machine. There you have it, the pillow is finished.