

# PrEPARING FOR THE END OF HIV?



## How to access PrEP in Contra Costa County...

Pre-Exposure Prophylaxis or PrEP is medication that an HIV negative person can take to prevent HIV infection. The medication is called Truvada (Tenofovir and Emtricitabine) and if taken once a day, it can reduce the risk of HIV infection from sex by more than 90% and from injection drug use by more than 70%. Most health insurance companies cover Truvada including Medi-Cal and Medicare. Patients may need to pay a copay for the medication and may be eligible for co-pay assistance, please see below.

### For Insured Individuals:

**Private Medical Provider**-Most health insurance companies cover Truvada. Ask your medical provider for more information.

**Contra Costa Health Services**-Patients can access PrEP by asking their Primary Care Provider for a referral to an STD clinic or Positive Health Clinic for PrEP assessment.

**Planned Parenthood Northern California.** All eight Planned Parenthood clinics in Contra Costa County administer PrEP. Patients need to make an appointment by calling the PrEP access line at 1-800-230-7526.

### Co-Pay Assistance Programs:

**The Gilead Advancing Access Co-pay Coupon for Truvada** If eligible, the co-pay coupon card may help save on your co-pays. It is not available to you if you are enrolled in any state-or federally-funded prescription drug program, such as Medicare Part D and Medicaid. You also do not qualify if you are in the Medicare Part D prescription coverage gap (the “donut hole”). Max amount for Truvada is \$3,600 in a calendar year. Call 1-877-505-6986, option #1.

**The Patient Advocate Foundation (PAF) Co-Pay Program** will accept any insured patient with the income guideline below 400% FPL (\$47,520 for a single person). PAF provides grants up to \$7,500 to help with high deductibles or prescription co-pays. For more information, please call 1-866-512-3861, option #1 or <https://www.copays.org/diseases/hiv-aids-and-prevention>.

### For Uninsured Individuals:

**The Gilead Medication Assistance Program for Truvada** assists eligible HIV-negative uninsured adults in the United States obtain access to Truvada. Citizenship is not required, but MUST show proof of residency in the United States. For more information, please call 1-800-226-2056, choose option #2.

**For more information, call our PrEP Navigator at (925) 313-6771.**