

# The Healthy & Livable Pittsburgh Collaborative Community Action Plan Summary

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## **I - Pittsburgh residents, across all age groups, are eating healthier foods.**

### **Intermediate Outcomes:**

1. Residents will have increased awareness of accessible community programs and services for increasing healthy eating and active living.
2. Residents will have access to a comprehensive health education program, and will gain knowledge and skills to make healthy choices.
3. Residents will have increased access to healthy and nutritious foods in nearby stores and facilities; and reduce consumption of unhealthy foods and beverages.
4. Young residents will have continuous exposure to health education outside of school settings, and gain knowledge and skills to make healthy choices.

## **II - Pittsburgh residents, across all age groups, are getting more physical activity.**

### **Intermediate Outcomes:**

1. Residents will have increased awareness of and access to age-appropriate physical activity programs throughout the community.
2. Residents will have increased access to affordable enrichment and recreational programs.
3. Young residents will be more physically active in all school settings.

## **III - Pittsburgh city government, schools, faith community, businesses and residents have enhanced partnerships for building community and promoting social cohesion that support healthy eating and active living.**

### **Intermediate Outcomes:**

1. Residents will have increased opportunities to engage in outdoor activities, increase use of parks and public spaces, build social networks, and feel safer in their community.
2. Residents will gain knowledge and skills to become agents for social and systemic change.
3. Local businesses will increase engagement and sponsorship of community health and wellness projects, and physical environment improvements.
4. Young residents will have increased access to social supports throughout the community and gain leadership skills to influence

**IV - Pittsburg is a safe and healthy environment that promotes active living and healthier lifestyles.**

**Intermediate Outcomes:**

1. Residents will increase their use of walking paths and feel safer and secure on pedestrian routes.
2. Residents will have increased access to, and increase their use of public transit. Residents will also feel safer and secure near and around transit stops.
3. Residents will have increased access to healthier physical environments in major business and transit districts.
4. Residents of various neighborhoods will transform and increase use of blighted open spaces; have increased access to fresh produce and increase physical activity through gardening.
5. Residents will increase use of and have greater access to quality facilities and park spaces with age appropriate indoor and outdoor recreational programming.

**V – Pittsburg community leaders and local government consider community health when developing new policies and practices.**

**Intermediate Outcomes:**

1. Local government will adopt policies that promote healthy and active living.
2. Local public agency budgets will support child health and youth development
3. Local organizations and businesses will adopt policies and practices that promote healthy eating and active living.