

Contra Costa County Health Services

Health Care for the Homeless Co-Applicant Governing Board

The mission of the Health Care for the Homeless Co-Applicant Board is to oversee, guide and assist the Program in its efforts to deliver high quality health care to a diverse and medically underserved community. The Co-Applicant Board will use its skills, expertise and life experience to make policies and operational decisions which will provide the best benefit to the Program and client.

MEETING MINUTES

DATE, TIME: Wednesday, January 17, 2018 11:00-12:30pm

LOCATION: Yellowstone Training Room, 2500 Bates Avenue, Suite B, Concord, CA 94520

ATTENDANCE: Jennifer Machado, Bill Jones, Dr. Wendel Brunner, Shayne Kaleo, & Nhang Luong

ABSENT: Robin Heinemann, Belinda Thomas, Larry Fairbank Sr., Jonathan Perales, Bill Shaw & Matt Rinn

HCH STAFF ATTENDANCE: Julia Surges (HCH Health Planner Evaluator), Rachael Birch (HCH Project Director), Dr. Joseph Mega (HCH Medical Director) & Linae Young (HCH Planning & Policy Manager)

PUBLIC ATTENDANCE: Michael Callanan (CORE Team) & Teri House (City of Antioch)

Welcome & Introduction

- Introduction to board members and community members present
- Update: Community Connect – Sobering Center
 - Recently received approval to open a sobering center in Martinez
 - BOS , City Officials, and police departments support
 - Proposed Opening - July 1st
 - Looking into what other sobering centers (in the bay area) are doing to learn best methods (hours, staffing, etc.)
 - Get food and coffee and an environment to safely sober up
 - Steve Mcnutt – hired to manage, has been touring different centers
 - Questions:
 - What happens when a client comes into sobering center and goes into withdrawal? → RNs will be there, close connection to EMT as well as other services that they may need and if there is an ability to link them to HCH and also CORE → still have a lot to figure out
 - Does intoxication include alcohol and other drugs
 - Mainly focus on alcohol intoxication but understand that many of the clients may be poly drug users.
 - How do individuals get to center?

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- Outreach to PD Depart, Sheriff (MTZ, Concord, etc) other departments have been showing a lot of support → key is collaboration with police and local emergency rooms but will also have transportation.
- Currently, our Communication Department is working on how and what information we will share with the community.

Action Item: Approval of December Board Meeting Minutes

Motion

- A. ***Statement: I motion to approve the minutes from December's meeting.***
 - B. ***Motion Made by: Jennifer Machado***
 - C. ***Seconds the Motion: Bill Jones***
 - D. ***Discussion: None***
 - E. ***In Favor: ALL***
Opposed: None
Abstains: None
Absent: Robin Heinemann, Belinda Thomas, Larry Fairbank Sr., Jonathan Perales, Bill Shaw & Matt Rinn
- Motion Result: APPROVED***

HCH Program Mission & Overview (Linae Young, HCH Policy Manager & Preeti D'Souza, HCH Dentist)

- HCH Program Mission
- HCH Dental Services: Dr. Preeti D'Souza, DDS
 - Respite dental services started in July 2015
 - Patients include those in shelter system and living on the streets – Brookside, BARM, GRIP, Calli House, Respite, Concord
 - Workflow – If client has Medi-Cal:
 - Bring patient in, assess and create the appropriate treatment plan
 - Assess for any medical needs and refer to PCP or HCH team for any questions or recommendations.

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- Workflow – If client does not have Medi-Cal (veterans) or are not eligible for Medi-Cal:
 - We will add these clients to a waitlist and they can be seen as pro-bono cases
- Services include:
 - Xray, cleaning, restoration front and back, silver and composite, extractions, dentures (some are criteria based on what is covered and what is not)
 - January 2018 – Medi-Cal Dental coverage expanded services for adults including root canals, partial dentures, deep cleanings and crowns on front teeth.
 - Our FQHC Respite Dental clinic has been able to perform these services consistently due to our FQHC status.
- What is the hardest thing about homeless patients?
 - Showing up to appointments and showing up on time – lots of barriers (health, transportation, living situation), we try and help them the best we can and develop a plan to help them get to their appointments
 - All clients are very appreciative and happy to be seen and be helped
- Top 3 services provided– dentures, deep cleanings, extractions
- Mobile Dental Van → ready to go but waiting on some licensing
 - Plans for mobile → HCH 1 day a week at the Brookside shelter, offer same services except dentures because of the process of getting dentures
 - When van is at Brookside it will be open to all homeless clients
- Is there a lot of interaction between dental and medical
 - First initial exam – does BP and further evaluates – gets medical clearance if it is needed
- Funded through? → HRSA, FQHC, Received fun grant funds (one time funds), sustainable plan is FQHC

HCH: A Patient's Journey (Dr. Joe Mega, HCH Medical Director)

- A look into the journey of patient's served by the HCH Team.
- 2 stories told by Dr. Mega (HCH Medical Director) that demonstrate some success with patients and how we have collaborated with other teams and how our behavioral health integration has been a great asset.
- Epidemic of senior homelessness

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- Once people lose housing they have had for a long time, they end up in the shelter, they are demented and have nowhere to go, we cannot release them because they have nowhere to go and then the hospital is bogged down
 - Wants to bring awareness to this concern as it will continue to happen unless we do something.

HCH Call to Action (Rachael Birch, HCH Project Director)

- Health insurance importance for those suffering from homelessness
 - 46% pts covered by medical before ACA
 - 80% → covered by medical with the ACA and Medi-Cal Expansion
 - Message to send back → ADVOCATE for retaining medical services for the homeless and vulnerable populations – expanded Medi-Cal
 - All services we talk about are possible because of HRSA funding and our integrated system – unique and something that we need to fight for, it serves our population well (as seen in example given by Medical Director)
 - 90% increase in seniors → another call to action for this population
 - QUESTIONS
 - Seniors who are demented → cannot be referred to nursing homes without money (SNIF – skilled nursing facility)
 - Hard to get people conserved to be in hospital with acute issues

Standing Item: HCH Program Updates & Community Updates

- Presentation Proposals accepted for the National Health Care for the Homeless Conference (NHCHC) in June 2018
 - Point of Care Ultrasound in Homeless Medicine: A Practice Changing, Patient Centered Tool – Joe Mega, MD
 - “Splitting” – Emily Watters, MD and Mike Myette, LCSW
 - Splitting – Example: co-parenting a child, 2 different opinions
 - Patients do this with providers a lot
 - Example: “Well Dr. ___ said I could have narcotics.”
 - 1st mental health presentation that CCHS HCH has had accepted to NHCHC

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- Point in Time Count – January 23-27, 2018
 - HCH → will be conducting surveys
 - Volunteer
 - If you haven't volunteered it is interesting to do, learn about their stories etc

Standing Item: Future Matters

- HCH Hearing and Resolving Grievances Policy
- HCH Project Director review and evaluation plan: February Meeting
 - HRSA to see we are carrying out our responsibilities
 - Is an eval used by the County → look at that piece and see if we want to use that
 - Put together a description of accomplishments as well as a vision and direction for HCH
 - Linae – put together an expectations on her role, job description (when we approved her as project director)
- Evaluation of HCH Co-Applicant Board
 - What are we doing
 - What are we supposed to be doing, and to see if there is some way the board should be more active (we = board)
 - Are there areas for improvement
 - What does the project director need support for from the board
- HCH Strategic Plan
 - For the next 3 years, will bring the draft to the Board
- HCH Board Recruitment – Where are we?
 - Love a child – were not able to make it today
 - Public Officials – inviting to monthly meetings
 - Still open for people's suggestions
 - Foodbank woman – March
 - Would like to have 13 to 15 members
 - Linae and Board Chair to review to present for next meeting
 - Create chart to identify attendance of members
- Conservatorship in Contra Costa County – Linae to work with HCH Psychiatrist to learn more about this process
 - Possible presentation from HCH Psychiatrist
- Rachael (Project Director) to follow up on Board of Supervisors Presentation for 2018

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Standing Item: Next Meeting and Time

February 21, 2018
11:00-12:30pm
2500 Bates Avenue, Suite B
Zion Conference Room
Concord, CA 9450

Approval of HCH Co-Applicant Board Meeting Minutes from January 17, 2018

Board Chair Signature _____ *Wendell Brunner, M.D.* _____

Date *02/21/18* _____