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## CONTRA COSTA HEALTH SERVICES

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## **ADMINISTRATIVE DIRECTIVE**

No. 20-CLN-004

To: Contra Costa County EMS Providers

FROM: Dr. David Goldstein, EMS Medical Director

**DATE:** March 30, 2020

**Subject: Pilot Program:** EMS Distribution of Naloxone Kits (Leave Behind Narcan Program)

## **PURPOSE:**

This memo authorizes AMR personnel to distribute naloxone kits (aka "Leave Behind Narcan" kit) and provides guidance for distribution and will serve as notification to stakeholder agencies that AMR will participate in this pilot program.

## **BACKGROUND:**

Opioid use disorder and overdose is a national problem. Research supports implementing a risk reduction program with distribution of naloxone to high risk patients and those closest to them. Contra Costa County Health Services Public Health Division is already distributing naloxone, this program will now extend distribution to "front line" personnel who contact high risk patients every day.

**PROCEDURE:** The participating agency will receive naloxone kits intended for laypersons' use, as they are available from external suppliers. The criteria below apply to these kits only and do not apply to doses of naloxone intended for emergency treatment of 911 system patients.

- 1. A naloxone kit may be given to any person encountered on an EMS call or EMS standby assignment that is:
  - At risk of experiencing an opioid overdose (e.g. a current opioid overdose patient who has received naloxone) or
  - b. Any person in position to assist a person at risk of opioid overdose.
- 2. "Leave Behind Narcan" kits identified for EMS distribution are not a required in-service medication.

