





PERCEPTION OF HARM IN


CONTRA COSTA COUNTY


YOUTH vs ADULTS


 **44%** Of youth believe recreational marijuana is a problem in Contra Costa County

 **54%** Of Youth believe marijuana is safer than Alcohol


 **61%** Of youth believe marijuana is addictive


 **60%** Of youth disapprove of their peers using marijuana


 **56%** Of youth believe their peers obtain marijuana from family/friends


 **77%** Of youth believe that it is easy to obtain marijuana


 **38%** Of adults believe recreational marijuana is a problem in Contra Costa County

 **34%** Of adults believe marijuana is safer than Alcohol

 **68%** Of adults believe marijuana is addictive


 **86%** Of adults disapprove of youth using marijuana


 **71%** of adults believe youth obtain marijuana from family/friends


 **42%** Of adults disapprove of youth using medical marijuana


FACTS YOU SHOULD KNOW ABOUT MARIJUANA

YOUTH HARM FROM MARIJUANA USE

 **MENTAL HEALTH**
Teens who smoked marijuana were 2 times more likely to develop anxiety or depression.

 **SCHOOL**
Using Marijuana while in school lowers a teen's performance, and also increases the risk of students dropping out.

 **COMBINING WITH OTHER SUBSTANCES**
Mixing marijuana with alcohol hides feelings of nausea, leading teens to drink too much. Mixing with nicotine increases risk of addiction and lung damage.

 **LUNG HEALTH**
Even without nicotine, marijuana smoke contains carcinogenic hydrocarbons that will harm the lungs.

1 IN 6 TEENS WHO TRY MARIJUANA WILL BECOME ADDICTED



8.8%

THC POTENCY ON THE RISE

3.4%

1993

2008

"The Marijuana Prevention Action Team (MPAT) of Contra Costa County is a group of community based organizations combining their efforts to reduce youth access to marijuana and increase data collection on marijuana. The group composed a survey to gauge perceptions of marijuana and its harm amongst a portion of youth and adult populations within Contra Costa County. The results from this survey are not a representation of all of the residents of Contra Costa."