



DATE: July 12, 2019

INFORMATION NOTICE NO: 19-08

TO: All Contra Costa County Drug Medi-Cal Organized Delivery System (DMC-ODS) county operated and subcontracted Providers

SUBJECT: Procedure for Recovery Support Services under Drug Medi-Cal Organized Delivery System (DMC-ODS) Plan

I. PURPOSE:

To ensure compliance with the requirements of the (DMC-ODS) with regards to the implementation and provision of Recovery Support Services (RSS) which are a covered benefit within the DMC-ODS Plan provide network.

II. REFERENCES:

- Interagency Agreement Exhibit A, Attachment I A1
- Alcohol and Other Drug Program Certification Standards, DHCS May 1, 2017

III. POLICY:

It is the policy of Contra Costa County Alcohol and Other Drug Services (AODS) to comply and adhere to the requirements of the DMC-ODS for the provision of RSS this policy applies to all Drug Medi-Cal (DMC) certified county and contracted providers.

IV. AUTHORITY/RESPONSIBILITY:

- AOD Program Chief
- AOD Program Managers

V. DEFINITIONS

“**Recovery Monitoring**” means recovery coaching, monitoring via telephone or telehealth. Recovery monitoring is only available in Recovery Support Services

“**Relapse**” means a single instance of a beneficiary’s substance use or a beneficiary’s return to a pattern of substance use

“**Relapse Trigger**” means an event, circumstance, place or person that puts a beneficiary at risk of relapse



“Remission”: Early Remission means there has been three (3) months to one (1) year with no presence of DSM-5 criteria symptoms; Sustained Remission means one (1) year or more with no presence of DSM-5 criteria symptoms

VI. PROCEDURE:

1. AODS and DMC providers shall ensure the provision of RSS in accordance with the American Society of Addiction Medicine (ASAM) guidelines, contractual requirements and applicable federal, state and local laws

Recovery Services are important to beneficiaries in the recovery and wellness process, as part of the assessment and treatment needs of Dimension 6- Recovery Environment of the ASAM Criteria. Beneficiaries will be linked to Recovery Services during the transfer/transition process. Recovery Services are designed to emphasize the beneficiary’s central role in managing their health, promote the use of effective self-management support strategies, and provide internal and community resources to support ongoing self-management.

2. All DMC providers are expected to provide RSS to assist beneficiaries in their recovery process after completion of any course of treatment.
3. Providers offering RSS must be Drug Medi-Cal Certified.
4. RSS may be provided by staff acting within the scope of their respective practice and competency as follows:
 - a. Licensed Practitioner of the Healing Arts (LPHA)
 - b. AOD certified counselor
 - c. AOD registered counselorThe individual providing RSS must be linked to a DMC facility, and AOD shall have updated information in its provider profile directory.
5. The staff offering RSS must have documented evidence of training in Motivational Interviewing (MI), Cognitive Behavioral Therapy (CBT), ASAM
6. RSS may be provided through face-to-face, by telephone, by telehealth, (e.g videoconferencing) or in the community.
7. When RSS are provided in the community, staff shall adhere to employer’s policies for the provision of services in places which may include (but not limited to) the following:
 - a. Schools
 - b. Homeless shelters
 - c. Offices
 - d. Places of employment
 - e. Clinics

f. Recovery residences

Providers shall maintain policies and procedures for providing services in the community, document that the services were provided in the community, and ensure that beneficiary confidentiality was protected.

A. ELIGIBILITY

To be eligible providers offering RSS shall ensure that the following criteria is met by adult and adolescent beneficiaries:

1. Be enrolled in Medi-Cal
2. Contra Costa resident
3. Have completed a course of Substance Use Disorder (SUD) treatment
4. Meet medical necessity criteria
5. Clients receiving ongoing Medication Assisted Treatment (MAT) through a Narcotic Treatment Program (NTP) are not eligible. Conversely, beneficiaries receiving MAT in non-NTP programs are eligible.

Meet ASAM criteria:

- a. The client must have been previously diagnosed with a substance related and addictive disorder in the DSM-5
- b. The client must currently be in a state of “remission,” due to the chronic nature of SUD, with a corresponding and valid ICD-10 diagnosis code for remission;
- c. RSS shall be utilized when beneficiaries are triggered, have relapsed, or simply as a preventative measure to prevent relapse;
- d. RSS are consistent with the prior diagnosis, treatment of the condition, and the standards of good medical practices;
- e. RSS may be provided during the transfer/transition planning process
- f. Recovery services are required for reasons other than convenience. It is not anticipated that all DMC-ODS client will need RSS. Only those beneficiaries whose recovery will be jeopardized without recovery services and who are motivated to be engaged in such services shall be provided with those services.

B. DOCUMENTATION

RSS shall be provided in the context of an individualized client plan that includes specific goals. This may include the plan for ongoing recovery and relapse prevention that was developed during discharge planning when treatment was completed.

Activities shall be documented in the Recovery Support Services Plan form, utilizing the appropriate service codes corresponding to Recovery Support Services.

C. MONITORING AND AUDITING

AODS will monitor compliance on annual basis during onsite monitoring reviews, annual reports, Sharecare reports and DMC claims. Providers found to be non-compliant will be provided technical assistance and are required to complete and submit a Corrective Action Plan, as applicable

If you have any further questions, please contact the Contra Costa County AODS Administration office at (925) 335-3330.